



SPRING 2025 NEWSLETTER

As the Navy SEAL Foundation (NSF) celebrates twenty-five years of dedicated service, we are proud to share that we've already delivered more than **\$9 million in direct programmatic support** this year. Thanks to the steadfast generosity of our donors and partners, these efforts have reached thousands across the Naval Special Warfare (NSW) community through our five Pillars: Strength, Resilience, Health, Education, and Community. Every program reflects our enduring promise that no warriors, veterans, or families should ever face hardship alone.



PROGRAMMATIC UPDATES

STRENGTH

BUILDING CAPABILITIES & REDUCING STRESSORS

This spring, we supported multiple command-level events, including post-deployment reunions, barbecues, and professional development days. We funded more than **2,500 hours of childcare each month**, allowing spouses and caregivers time to rest, attend appointments, or simply recharge. We also provided emergency financial assistance through our Veterans Crisis Assistance Fund, including a critical grant to help a veteran SEAL navigate the early days of his infant daughter's cancer diagnosis. When one active duty SEAL assumed custody of his niece following the death of his sister, the NSF helped transport her vehicle across the country and provided support to the family during this difficult time.



NAVYSEALFOUNDATION.ORG

The Navy SEAL Foundation is a 501(c)(3) nonprofit (Tax ID: 31-1728910, CFC: 11454). It is an independent, non-federal entity unaffiliated with the Department of Defense or the government.

RESILIENCE

ADDRESSING TRAGEDY & AIDING RECOVERY



In February, **115 Gold Star and Surviving Family members** gathered for our annual Winter Weekend Getaway in Amelia Island, Florida. This event blended wellness workshops, shared meals, and opportunities to bond with others navigating similar grief. Guest speakers offered tools for personal healing, while evening activities like our family night dinner brought comfort, laughter, and connection. We hosted smaller gatherings for surviving families in Virginia Beach and Coronado, including a hands-on dinner event for children and caregivers that created space for joy and reflection.

"I had such an amazing time reconnecting with familiar faces and meeting so many incredible new people. The experience was so special, and I'm grateful to have been a part of it."

— Gold Star Child



JONATHAN E. BECERRA
SPECIAL BOAT OPERATOR
FIRST CLASS (SWCC)
February 22, 2025



Following the death of SB1 Jonny Becerra, the NSF also provided immediate tragedy assistance and supported his command in organizing the interment and memorial service.

HEALTH

ENHANCING PHYSICAL & MENTAL WELLNESS



Our Health Pillar has provided more than **\$3 million in support** so far this year. The Warrior Fitness Program (WFP), run by Virginia High Performance, hosted four cohorts between January and April on both coasts, giving sixty service members and veterans personalized fitness training and recovery plans. Alums consistently describe the experience as life-changing, with many reporting improved sleep, mobility, mental clarity, and long-term pain relief.



"This is the best I have felt in a long time. I wish I had come here sooner. Now I have way more tools in my toolbox to help with my longevity."

— Active Duty SEAL



We expanded holistic care for operators, spouses, children, and transitioning veterans through our partnerships with the Headstrong Project, Military Art Psychotherapy (MAP), Home Base, and the Honor Foundation. We also provided critical outpatient care and mental health services not covered by the VA or military system. In one case, the NSF facilitated a medical flight for a veteran with terminal cancer to return home and spend his final days with his family.

EDUCATION

PROVIDING SCHOLARSHIPS & DEVELOPMENT OPPORTUNITIES

In our first 2025 cycle, the NSF awarded **474 scholarships** totaling more than **\$1.3 million**. Applications increased from veterans by 17 percent, and from college-age dependents by 12 percent, underscoring the importance of accessible, flexible education funding across the NSW community. This includes traditional degree programs and certificate and licensing support for career advancement. We continue to receive strong feedback from recipients who say these opportunities have helped them open doors and navigate life after service. One SEAL spouse described her certification as “a transformational personal and professional journey” that has prepared her to serve others in the community.



"I'm thrilled to share that after nearly 10 years of rigorous study, I've graduated from medical school. Your assistance has significantly impacted my family's life. Thank you wholeheartedly for your invaluable support."

— Veteran SEAL



COMMUNITY

EMPOWERING CONNECTIONS & PRESERVING LEGACY



Nearly **2,000 individuals participated** in NSF-hosted events this spring to strengthen bonds and build community. Our largest Spring Fling to date took place at SeaWorld San Diego, where over 1,500 guests gathered for a day of celebration and activities. On the East Coast, 200 family members enjoyed a safari tour and picnic at the Global Wildlife Center in Louisiana. We also hosted a formal appreciation dinner for graduating couples from the Naval Postgraduate School in Monterey, California. One of the most meaningful efforts was our inaugural Frontline Weekend in Germany. Nearly ninety attendees, including NSW families stationed at SOCEUR and SOCAF, participated in multi-day wellness programming, marriage-strengthening workshops, and family activities. The program provided bonding opportunities for service members often isolated by overseas assignments and reinforced their connection to the larger NSW family.





DALLAS EVENING OF TRIBUTE

The 2025 Dallas Evening of Tribute in April raised over \$1.8 million. Secretary Mike Pompeo delivered the keynote address, and Ross Perot Jr. accepted the Fire in the Gut Award for his leadership and philanthropy. Gold Star spouse Char Westfall gave a moving testimony honoring the 20th anniversary of Operation Red Wings.



NEW YORK CITY BENEFIT

The 2025 New York City Benefit raised more than \$7 million in May. The evening honored Bill Ackman and Neri Oxman with the Patriot Award for their transformative support of the Warrior Fitness Program. We also presented the Fire in the Gut Award to the NSF's founders, recognizing their visionary leadership and decades of steadfast commitment to our mission. The evening concluded with a fireside conversation between Palantir CEO Dr. Alex Karp and Rear Admiral Keith Davids and a surprise message from astronaut and Navy SEAL Dr. Jonny Kim aboard the International Space Station.



ANNAPOLIS FROGMAN SWIM

The 3rd Annual Annapolis Frogman Swim was held on April 27 and raised over \$150K. More than 120 swimmers participated in this moving and mission-centered event, joined by Gold Star and Surviving Family members, Naval Academy midshipmen, and supporters. The swim honored fallen NSW operators and reinforced the enduring bonds within the community.



[**CLICK HERE FOR A FULL LIST OF UPCOMING EVENTS →**](#)



LUMINOX

Luminox released the IGY6 (“I Got Your Six”) NSF watch, a tribute to the SEAL mantra of never leaving a teammate behind. Designed for durability and mission readiness, sales of this special-edition timepiece raise funds and awareness for NSF programs while honoring the resilience and brotherhood at the heart of NSW.

[LEARN MORE](#)



STARS & STRIPES CLASSIC LACROSSE GAME

The Stars & Stripes Classic returns this fall for its second annual matchup between veterans of the Navy SEAL and Army Special Forces communities. Hosted by the Premier Lacrosse League, the game is a powerful tribute to service, sacrifice, and resilience. Proceeds support the NSF and Green Beret Foundation. Join us for an unforgettable day of competition and camaraderie.

[GET TICKETS](#)

GET A FREE SHIRT!

Become a recurring donor at \$25 per month or more and receive an exclusive 25th anniversary NSF t-shirt. This limited-time offer runs through the 4th of July weekend and is a powerful way to stand with our warriors, veterans, and families all year. Sign up today and wear your support with pride!

[SIGN UP](#)

